

Chieftains Open Season at UWP, UWL

The Riverdale Track and Field teams started off their season last week at UW-Platteville on Thursday and UW-LaCrosse on Saturday. The Chieftains had several strong performances at both meets.

At UW-Platteville, Paige Fradette made her return to competition with a fourth place finish in high jump. In the girls' pole vault, Emily Headings tied for fourth while fellow freshman McKenzie Couey tied for eighth. Morgan Watson and Kennedy Fitzgerald came in third and eight respectively in the long jump. Rounding out the top finishers on the girls' side was Cassie Bradley with a first place finish in the shot put. Bradley had a winning throw of 37'. For the boys, Nick Wiederholt highlighted the meet, finishing third in the long jump with a personal best and indoor school record jump of 19'5". Wiederholt added a fifth place finish in the triple jump. Brian Mathews came in third in the 3200 with teammate Mitchell Shallwani following in sixth. The boys 4x800 relay of Montana Lins, Mathews, Shallwani, and Nolan Garoutte also came in sixth.

On Saturday, Cassie Bradley again topped the field in the shot put, this time throwing 37'7.5". Morgan Watson added a second place finish in the triple jump and third place in the long jump. Paige Fradette finished tied for third in the high jump while Emily Headings vaulted her way to a seventh place finish. The 4x400 relay of Kennedy Fitzgerald, Headings, Hannah Hanson, and Emily Kuester rounded out the scoring for the girls with an eighth place finish. On the boys' side, Brian Mathews and Mitchell Shallwani ran very solid races in the 1600, taking the top two spots in their heat and third and sixth overall. Nick Wiederholt came in fourth in the long jump. Nolan Garoutte finished sixth in the 800 and teamed up with Wiederholt, Shallwani, and Keegan Franklin for a fifth place finish in the 4x400 relay. Anthony Bart added a fifth place finish in the vault.

The teams will travel to Reedsburg this Thursday for their first outdoor competition of the year.